

LOS ANGELES

# CONFIDENTIAL

## Pages & Pages of SCORCHING SUMMER STYLES

HOW to deco a big TRY Sauce on the Stars

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## You Don't Own Me

Everybody's talking about who lives the good life. Our motto? Live, love, and shop from your heart, no matter what. That said, check out these awesome finds. BY MACKENZIE DAWSON PARKS



### TIME TRAVEL

Is it a watch or bling? No need to choose—it's both. Featuring baguette and round diamonds set in platinum, the Harry Winston Semiramis (\$94,000) is both innovative and elegant—and it tells time, to boot. The interplay between the bezel's baguette-cut diamonds and the pavé-set stones on the dial creates a breathtaking 3-D effect that Harry Winston is known for. *Harry Winston, 371 North Rodeo Drive, Beverly Hills, 310-271-8554; harrywinston.com.*

### GET FRESH

When your schedule is too busy to allow time to cook, or you're just not interested in spending time in your kitchen, it's time to get Fresh, literally. Fresh Dining customizes every meal to suit your diet needs, delivering freshly cooked organic food of the highest quality (think Tandoori chicken with mint yogurt dressing, or black tiger shrimp with coconut broth). The service doesn't end at marvelous, healthy food. The Fresh team also serves up one-on-one nutritional counseling, in addition to partnering with top fitness trainers at

gyms. You'll look great, love what you're eating, and possibly avoid your kitchen until the next holiday season rolls around. *Fresh Dining, 818-981-4700, freshdining.com.*

### TAKE-CHARGE GALS

Forget the sky-high stilettos and scarves. They're nice and all, but tools are the hottest accessories for women this season. We're talking screwdrivers and slip-joint pliers, hammers and hex keys. Home-repair maven Barbara K's 30-piece tool kit (\$49.99)—cute and made specifically for women—and her book, *Room for Improvement* (Rodale Press; \$24.95), will help gals master everything from basic home repairs to projects advanced enough to make the manliest of men doubt their own usefulness. *barbarak.com.*

### GEM IS EXCITEMENT

Whether it's the glow of a freshwater pearl, the gleam of green jade, or the glitz of a ruby garnet, one thing is always consistent about jewelry from Anne Koplak Designs: They are always beautiful, and never predictable. Celebs such



CLOCKWISE FROM LEFT: The Semiramis timepiece by Harry Winston; the Get Fresh ahi tuna salad shines; get busy with the Barbara K 30-piece tool kit.



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### SEEING DOUBLE

Our hearts are beating fast for the Chrome Hearts collection just released by The Optical Shop of Aspen. They've taken the award-winning aviator shape (favored by boldfaced Tom Cruise, Usher, and Heidi Klum) and rode it to new heights with a hot, innovative style,

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