

THE MAGAZINE THE STARS TRUST

**BIGGEST LOSER EXCLUSIVE!**

★USA★  
**OK!**



JESSICA & RAMON

DECEMBER 12, 2011  
ISSUE #50

**HOW WE LOST  
240 POUNDS!  
AND FELL IN LOVE**

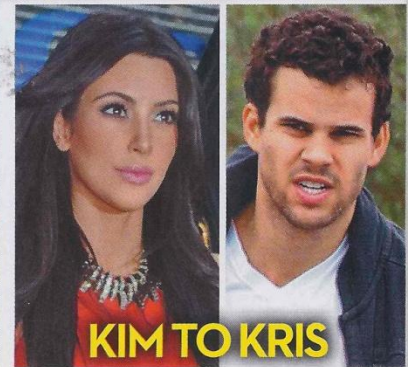


**FIRST LOOK**

**KOURTNEY & JEN**

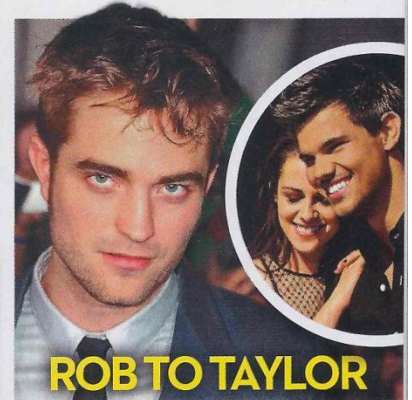
**HOLIDAY  
WEDDINGS!**

Why they're both rushing to  
marry before the new year



**KIM TO KRIS**

**STOP CALLING  
ME FAT!**



**ROB TO TAYLOR**

**STAY AWAY  
FROM KRISTEN**

**PLUS WHO HAS A BABY ON THE WAY - ALREADY!**

\$3.99US \$5.49CAN

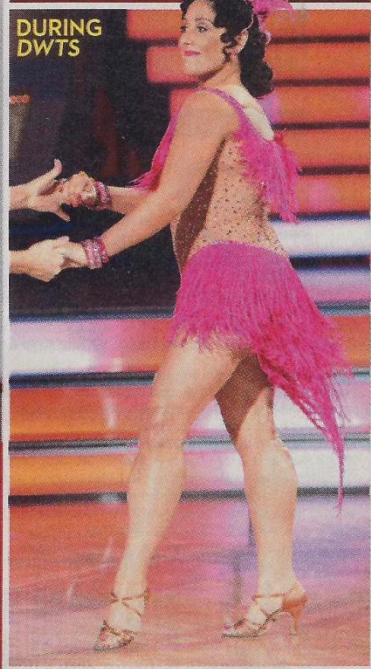
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# DWTS SLIMDOWNS:

## RICKI LAKE: THIS SEASON'S WEIGHT-LOSS WINNER

When it comes to losing weight, **Ricki Lake**, 43, is certainly season 13's winner! The talk show host told OK! that her body is changed from dancing and she is a "size 6 now." Ricki has maintained her weight loss of more than 20 pounds by eating from Freshology. Her best diet tip? "Eat oatmeal for breakfast!"



**NOW:  
RICKI  
LOST  
20 LBS**

"Dancing doesn't feel like working out!" Ricki gushes.

## KELLY GAINED SELF-ES

**Kelly Osbourne**, 27, not only lost 20 pounds on DWTS, she gained some much-needed confidence. Since the show ended, the star lost another 30 pounds. "I never thought in a million years I'd be that healthy girl who wakes up every morning to exercise," she says.



## MARIE IS A TRUE SUCCE

**Marie Osmond**, 52, said she once weighed 165 pounds. The singer lost 27 pounds on the show and 13 more afterward. Marie later became a spokesperson for Nutrisystem, which she joined when she started DWTS.

