

THE WORLD'S MOST UNIQUE BEAUTY MAGAZINE

NEW BEAUTY

DISCOVER THE 10 NEW AGE-DEFYING SECRETS

how the stars stay young: their beauty teams share their must-have products, diet tricks and more...

HOW JENNIFER STAYS SEXY OVER 40!

read how she does it on p.34

THE FASTEST
WAY TO A PERFECT
BODY
the instant solution
that will transform
your figure forever.

OVER-INJECTED CELEBRITIES

have they gone too far?
doctors disclose how to
get the most natural look

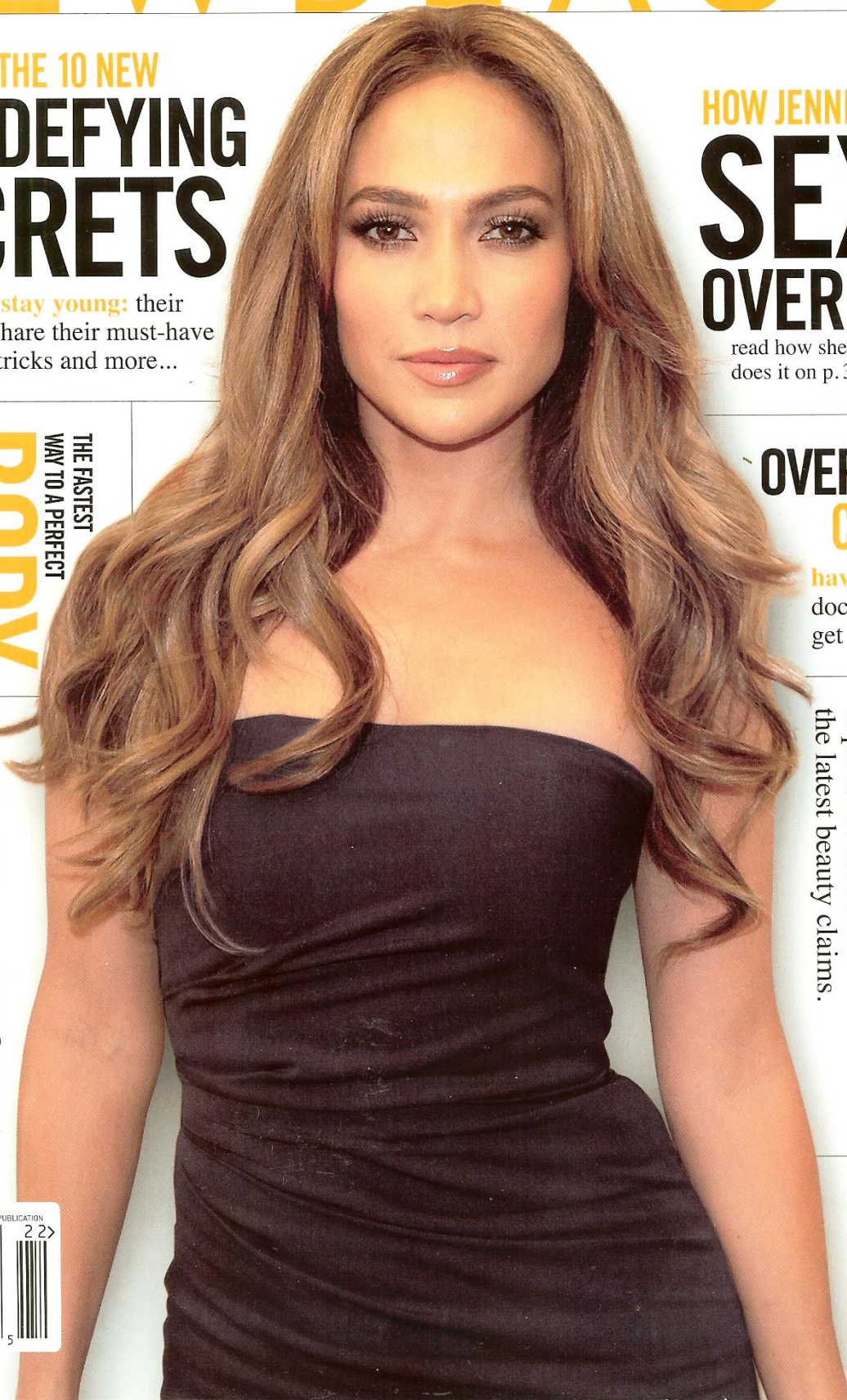
**SUPER-CHARGED
SKINCARE**
5 products that really work!
experts reveal the truth behind
the latest beauty claims.

MAKEOVERS.
quick fixes and permanent solutions—
the ultimate guide to restoring youth.

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HOW CELEBRITIES

STAY SEXY

AT EVERY AGE

“

SHE HAS BEAUTIFUL FEATURES THAT LOOK BEST WHEN THEY'RE NOT OVERDRESSED. LESS IS MORE, AND, WITH HER, A NUDE-BEIGE LIP AND BRONZED SKIN MAKE HER LOOK FRESH AND BEAUTIFUL.”

-SCOTT BARNES,
JENNIFER'S MAKEUP ARTIST

MICROHAIRCUTS ARE KEY

Known for her ever-changing locks, Jennifer Lopez's stylist, Oribe, says he's only given her a few major haircuts in all the years he's been working with her. "Usually, her cuts are for maintenance." Oribe keeps her thick hair, which has a natural wave to it, long with long layers in the front. "She can wear her hair many different ways, so styling depends on what look she wants on any given day," he says. Jennifer's colorist, Rita Hazan, recently gave her a honey-praline color with a single process color in a light golden brown and highlights it the same warm color family.

OXYGEN TO MAINTAIN PERFECT SKIN

To keep her skin looking dewy and healthy, facialist Michelle Peck treats Jennifer with the Intraceuticals Oxygen Infusion Treatment, which releases therapeutic-grade oxygen and special serums deep within the skin through pressurized oxygen.

GOLDEN GLOW

Jennifer's flawless makeup that exudes an ethereal glow is the mastermind of makeup artist Scott Barnes, who uses a palette of bronzes, nudes and beigey-pinks on her fair skin. Barnes uses bronzer on her entire face; highlights her brow bones and cheeks with peachy shades; and accentuates her eyes with golds, browns and burgundies.

AGE 42

JENNIFER'S BEAUTY

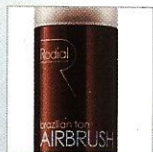
MUST-HAVES



+ **DuWop Venom Gloss** adds color while amplifying the lips. \$18, duwop.com



+ **3Lab WW Cream** works to hydrate, brighten and fight the signs of aging. \$425, 3lab.com



+ **Rodial Brazilian Tan Airbrush** lends a golden glow to the skin. \$49, nordstrom.com

A ROCK-HARD BODY

Jennifer's trainer, Kathy Kaehler, devised a total-body workout, comprising circuit training and cardio and strength-conditioning, to keep her heart rate up while sculpting the body. "We sometimes start on the stationary bike before moving to shoulder pull-downs and chest circles," says Kaehler, who also uses the trampoline for cardio and leg strengthening, and planks to tighten the core. Lopez has also enlisted Freshology, a gourmet delivery diet system, to keep on track with eating healthy.

