

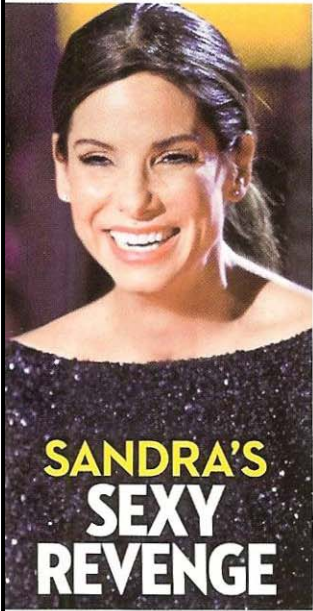
NEW!  
**25**  
CELEBRITY DIET  
& FITNESS TIPS

# OK

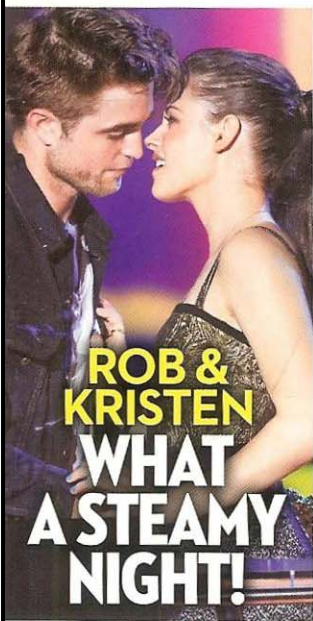
EXCLUSIVE  
ROYAL SPECIAL!



JUNE 21, 2010  
ISSUE #25



**SANDRA'S  
SEXY  
REVENGE**



**ROB &  
KRISTEN  
WHAT  
A STEAMY  
NIGHT!**



**WILLIAM & KATE INVITE YOU TO...**

# A WEDDING JUST LIKE DIANA'S!

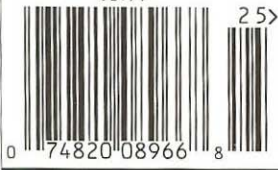
- The lavish reception at Buckingham Palace
- Diana's 18-carat ring, the dress & her favorite roses!
- **PLUS:** What Diana wanted Kate to know on her big day



Will is planning to marry on his parents' anniversary!

\$3.99

25



0 74820 08966 8

WWW.OKMAGAZINE.COM

# FAVORITE FOODS OF THE SLIMMEST STARS

SKIP THE DRASTIC DIETS — JUST MAKE A FEW SMART CHOICES AND WATCH THE POUNDS FALL OFF

## J.LO'S FAVE: WHITE FISH

**Why It's Great** Busy stars take the guesswork out of calorie counting with **Freshology meals** (up to 1,400 calories daily) delivered to their doors. Jennifer Lopez loves white fish with mixed veggies.

**Who Loves It** Jennifer Lopez and Mel B.

"Freshology is really good when you're on the go. No matter how healthy your food is, it has to taste good."

—Mel B. tells OK!

